

Lesson 1

ONE: Describe how you think Christians should live.

TWO: In verse 1 how are Christians supposed to live (“walk”)?

THREE: Notice verse 2 and list at least 3 worthy character traits Christians should have.

1

2

3

FOUR: Read verse 3 and circle the write answer to this question: What is the goal of living out these worthy traits?

- A – Raise more money for the church
- B – Attract more people to church
- C – Unity and peace among believers in the local church
- D – To be saved and go to heaven

FIVE: Living worthy of our calling is accomplished when believers live together in peaceful unity. Division and animosity is proof believers are not living up to their calling. Verse 2 briefly explains how to have relational unity whereas verses 4-6 explain the facts of our spiritual unity. Read verses 4-6 and answer the following

- 1 How many times does the word “one” occur?
- 2 Based on verses 4-6 describe what you have in common with other believers.
- 3 Think of another Christian you find it difficult to be around. How does it affect your thoughts and feelings towards him/her now that you know you have these things in common with them?

SIX: Now the thought turns from what we have in common to how we are different. What does verse 7 teach us we have all received from Christ?

SEVEN: According to verse 11 in what ways has Jesus made Christians different?

EIGHT: Describe now, based on verses 1-11, the ways in which we are the same and yet different as Christians.

Lesson 2

ONE: In order to grow healthy and strong what do the following need:

1 Babies

2 Gardens

3 Pets

TWO: Who is responsible for providing those needs?

Babies

Gardens

Pets

THREE: Just like babies, gardens and pets, Christians need certain things to grow. And they also needs certain people who are responsible to provide for them. According to verse 12 what people has Jesus given to the Church?

FOUR: According to verse 12 these leaders equip the saints (believers) for _____
_____ and for _____ the Body of Christ.

Who equips who?

Who does works of service?

FIVE: Based on verse 13 list 3 or more goals to be reached while Christians serve each other

1

2

3

SIX: According to verse 14 who should we look out for? (See also 2 Cor. 11:13-15; 2 Peter 2; 1 Tim. 4:1-3)

SEVEN: Reading verses 14-16 describe some qualities of Christian maturity.

EIGHT: Reflecting on verses 12-16 write down how you can mature in your faith the way God wants you to. Do you need to be more aware of false teachers? Do you need to give attention to the teaching of your pastor? Do you need to be serving the physical, emotional and spiritual needs of other Christians more?

NINE: Looking at these same verses do you think Christian fellowship is optional? Do you think based on these verses (especially verse 16) a Christian can truly grow apart from other Christians?

Lesson 3

ONE: Should you be able to look back in recent years and see growth in yourself as a Christian?

TWO: Read through chapter 4 and 5 and mark every time the words “walk” or “live” occur. Is the way a Christian lives important to God? Explain your answer using what these verses teach you

THREE: In 4:17 who are we supposed to no longer live like?

FOUR: Reading verses 17-19 write down at least 5 faults with the way the Gentiles live:

1	2	3
4	5	

SIX: What do you think verse 20 means when it says “***But you did not learn Christ that in this way...***”?

SEVEN: In verses 22-24 your “old self” and your “new self” are described. What do you learn about each?

OLD SELF

NEW SELF

EIGHT: List at least 3 commands given in verses 22-24

1
2
3

NINE: Your “mind” is mentioned twice in this passage (17, 23). Why is your mind important when it comes to how you live out your calling?

Lesson 4

ONE: Read verses 25-32 and list at least 7 behaviors Christians are supposed to stop.

TWO: Notice verse 30. If we don't stop doing these behaviors what does it do to the Holy Spirit? Do you want to have this kind of effect on Him?

THREE: Reading through those same verses again, list at least 5 behaviors Christians are supposed to do.

FOUR: Notice that in each behavior we are supposed to do there is a short statement explaining why. For instance, in verse 25 we are supposed to tell the truth to each other **BECAUSE** we are all members of one another. Write down the explanation for each command below:

1. Tell the truth to other Christians because

2. Do not let the sun go down on your anger because

3. Work hard to earn an income because

4. Speak wholesome words because

5. Forgive each other because

FIVE: This passage is a continuation of how the chapter began where Paul said to “walk in a manner worthy of your calling” (v1) and “preserve the unity of the Spirit in the bond of peace” (v3). This passage is giving details on how to do both.

1. Based on verses 25-32 how can you personally walk in a manner worthy of your calling?
2. Looking over these verses again how might living this way promote unity and peace between you and other believers?